

# BRIGHTON & HOVE CITY MISSION

— 170 YEARS —

SERVING THE CITY, WITH THE CHURCH, FOR CHRIST



## NEWSLETTER / AUTUMN 2019

Dear Supporters,

Thank you so much to all of you who came to our 170<sup>th</sup> Birthday celebration in June. It was a wonderful event with well over 200 people attending.



For those of you who were not able to attend, and as a reminder to those who were present, here are a few things that we spoke about at the event that you, our supporters can get involved with:

1.) Our 170<sup>th</sup> Appeal is now live. We are looking for 170 new active supporters to join our supporter base. If you know someone who wants to sign up, please either direct them to our website or ask them to contact Becky on **01273 609484** or at **office@bhcm.org.uk**.

2.) Our volunteers are the life blood of our teams. If you have not already, would you like to join our team of 54 volunteers from 30 different churches? We want to impact our city more and more and we can only do this through the generosity of your time. Would you like to be a listening ear to our clients in the food bank or a resident of a rest home; pick up items or stack shelves in our food bank shop; help run services for those in rest homes; creatively assist our Schools team with crafts for and in our prayer spaces; or administratively assist our Head Office team?

3.) Our Open Day, to celebrate 170 years of Brighton and Hove City Mission, will be held on 18<sup>th</sup> September, 4 - 8pm. Please come and take a look around our head office and see the newly refurbished food bank. All the mission staff will be on site to meet you and there will be with refreshments with birthday cake! Please invite your family and friends, all are welcome to find out more about what we do. Please find a flyer enclosed with more information.



# CITY MISSION OPEN DAY



**4PM - 8PM**

18<sup>TH</sup> SEPTEMBER 

## COME AND TAKE A LOOK AROUND...

HAVE YOU EVER WANTED TO SEE WHAT OUR HEAD OFFICE LOOKS LIKE  
OR WONDERED WHAT HAPPENS TO YOUR FOOD DONATIONS?

WOULD YOU LIKE TO VOLUNTEER?

OUR TEAM MEMBERS WILL BE AVAILABLE TO GIVE YOU A GUIDED TOUR OF  
OUR PREMISES AND CHAT THROUGH HOW YOU CAN BECOME A VOLUNTEER.

COFFEE AND CAKE WILL ALSO BE AVAILABLE.

**BRIGHTON & HOVE CITY MISSION  
CALVARY CHURCH BUILDING  
STANLEY ROAD BN1 4NJ**



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CITY MISSION**  
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*SERVING THE CITY, WITH THE CHURCH, FOR OURST*



Lloyd took over leading our Schools team back in March and, since then, has implemented a renewed vision. Our team would like to have a Christian presence in every school in Brighton and Hove and the surrounding areas. This is a massive vision and not one that the team can implement alone, we need your help! Alongside their staple work of termly assemblies, workshops throughout the year, and Open the Book training, the team want to step out into new areas during this coming school year.

One of the ways they can have more of a Christian presence in schools is to continue with Open the Book. Our team offer training for churches to learn how to tell Bible stories in their local schools. Our team need more volunteers from across Brighton and Hove to grow this amazing work. The next training session is on Monday 18th November 2019 at Church House, Hove. However, if your church is interested in creating an Open the Book team, please contact [schools@bhcm.org.uk](mailto:schools@bhcm.org.uk) and our team can come to you.

Our team want to build on their already strong reputation of facilitating Prayer Spaces in Schools and would like to grow this area of work. We are always in need of people to help set up, take groups of children around the space, and set down. What are Prayer Spaces in Schools? To find out more please visit: <https://www.prayerspacesinschools.com>. This work would only require a few days of your time once every couple of months, if you are interested in getting involved with this, please contact [office@bhcm.org.uk](mailto:office@bhcm.org.uk).

If you would like to ask questions about the work that our Schools team do, please come along to our Open Day. Lloyd, Nairne, and Helen would love to answer any queries that you have and chat through all the ways that you could help humbly serve the schools in our area. Our team look forward to seeing you in September.

# PRAYER DIARY AUTUMN 2019



**JULIAN**



**BECKY**



**GRANT**



**LLOYD**



**NAIRNE**



**HELEN**



**BEV**



**AARON**



**MIKE**



**TONY**



**HANNAH**

**BRIGHTON & HOVE  
CITY MISSION**

# SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Energy for our team as they serve those in our city over the Autumn months	2 Thankful for our Schools team attending the Youthscape conference today	3 JULIAN Vision for BHCM moving forward in light of our DREAMS DAY	4 BECKY Thankful for the support that we receive from individuals	5 GRANT Positive responses from grant-making bodies	6 LLOYD Full timetable for the Harvest assembly in schools	7 Thankful for celebrations in London for 20 years of Open the Book from Bible Society
8 NAIRNE Thankful for Prayer Spaces happening in September	9 Thankful for celebrations in Eastbourne for 20 years of Open the Book from Bible Society	10 HELEN Inspired ideas for Harvest assembly in schools	11 Vision for the future as our team meet at our annual DREAMS DAY	12 Bless those attending CHRISTIANS RELIEVING POVERTY NETWORK event this evening	13 BEV Launch of CHRISTIANS CARING FOR OLDER PEOPLE event goes well next month	14 AARON One to one visiting and befriending of residents continues to bless those being befriended
15 Bless St Martin's United Reformed as BEV speaks on our work	16 MIKE Clients feel like their burdens have been lifted after their appointment	17 Bless those attending CHRISTIANS IN EDUCATION event this evening	18 Thankful for those coming to our OPEN DAY to find out more about us	19 Bless Victoria Baptist as JULIAN speaks on our work	20 TONY Thankful for our Brighton Food Bank drivers who transport good to the food bank	21 HANNAH Clients will continue to be referred to Safehaven Sussex where lives are changed
22 JULIAN Thankful for the new steering group to find a new building for BHCM	23 BECKY Provision of a new building where everyone can fit and we can grow	24 Thankful for those from Brighton College to help the Brighton Food Bank tomorrow	25 Wisdom for our Trustees at tomorrow's TRUSTEES MEETING	26 Bless Christ Church, Haywards Heath as JULIAN speaks on our work	27 Thankful for the work of Brighton Food Bank being promoted in Asda, Hollingbury	28 GRANT Continued support from supermarket coin schemes
29 Bless Sheddingdean Baptist as JULIAN speaks on our work	30 Bless our Harvest assembly in Windlesham, Benfield and St Mark's today					

# OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Bless those attending CHRISTIANS CARING FOR OLDER PEOPLE event this evening	2 Bless our Harvest assembly in St Margaret's, Firle, and Down's Infant today	3 Bless our Harvest assembly in Brighton Girls Prep today	4 Bless our Harvest assembly in St Nicholas and St Mary's today	5 LLOYD Divine strength as the team pick up Harvest donations from schools
6 NAIRNE Technical elements of the Harvest assembly run smoothly	7 Bless our Harvest assembly in Eastbrook and St Peter's today	8 Bless our Harvest assembly in St Nicholas today	9 Thankful for those joining us from Santander to help the Brighton Food Bank	10 HELEN Message of the Harvest assembly is received well by schools	11 Bless our Harvest assembly in St Mary's today	12 BEV Bless those who can no longer get to church because they have Dementia
13 AARON Thankful for the opportunity to share the message of Jesus with residents	14 Bless our Harvest assembly in Southover, Peter Gladwin, and St Andrew's today	15 Bless our Harvest assembly in St Martin's today	16 Bless our Harvest assembly in St Bartholomew's today	17 Bless our Harvest assembly in Brunswick and Goldstone today	18 Bless our Harvest assembly in Westdene and Aldrington today	19 Bless those attending today's BEREAVEMENT CARE AWARENESS training
20 MIKE Volunteers will be filled with the Holy Spirit and the love of God	21 Bless our Harvest assembly in Patcham Junior and Iford and Kingston today	22 TONY Increase in donations during Harvest can be managed well	23 Bless our Harvest assembly in St Paul's today	24 HANNAH Clients are freed from their addictions	25 Thankful for the work of Brighton Food Bank being promoted in Waitrose, Hove	26 JULIAN Thankful for time away on holiday with family
27 Bless Chailey Free Church as AARON speaks on our work	28 BECKY Thankful for time away on holiday with LLOYD	29 Bless Christ Church, Haywards Heath as MIKE speaks on our work	30 GRANT Opportunity to meet with local business across Brighton and Hove	31 LLOYD Guidance of the Holy Spirit for what schools we should reach in our city		

# NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 NAIRNE Inspiration for Christmas assembly in schools next month	2 HELEN Smooth preparation for The Confidence Project to be launched next year
3 BEV Churches to partner with us to create Dementia friendly services	4 AARON More opportunities to visit and befriend residents who are isolated	5 MIKE People will be inspired to donate food for the first time	6 TONY Thankful for clients who said yes to Jesus and are growing closer to God	7 HANNAH Clients reunited with their children who have been taken into care	8 JULIAN Wisdom in establishing new teams for BHCM to run	9 BECKY Thankful for the support that we receive from churches
10 GRANT Thankful that JULIAN, GRANT, and MIKE are attending The City Movement Conference	11 LLOYD Schools continue to feel inspired to give food to Brighton Food Bank	12 NAIRNE Opportunity to visit more schools across Brighton and Hove with the work we do	13 HELEN Rehearsals for our Christmas assembly in schools go well	14 BEV Bless rest home staff who cannot get to church because of shift pattern	15 AARON Thankful for the carers in rest homes, may they know the love of God in their lives	16 MIKE An additional driver would volunteer to pick up food from various locations across our city
17 TONY Clients visiting churches for the first time will be nurtured	18 Bless those attending OPEN THE BOOK training today	19 HANNAH God will shine His light into the dark and hopeless situations of clients	20 Thankful for all those who receive our newsletter and prayer diary regularly	21 JULIAN Church leaders across our city remain gospel focused	22 BECKY Thankful for the support we receive from social media	23 LLOYD Thankful that we continue to have the opportunity to bring Jesus into schools
24 MIKE Clients would know that with God they are not alone	25 BEV Good health for the Rest Homes team of staff and volunteers	26 NAIRNE/HELEN Truth of the message of Christmas shines through our assembly in schools	27 Vision for the Team Leaders at today's STEERING GROUP	28 GRANT/AARON Positive responses from grant-making bodies who support work with the elderly	29 Thankful for the work of Brighton Food Bank being promoted in Waitrose, Brighton	30 TONY/HANNAH Staff and volunteers will continue to take the issues of clients to Jesus in prayer



The work of our Rest Homes team is dependent on our wonderful volunteers. Traditionally, most of the team's work has been taking simple services in the homes. In this setting, volunteer roles include, leading the service, playing instruments, or coming alongside the residents offering friendship and a reflection of God's love.

When visiting the homes, our team go in as a team. Whoever you are, everyone has a valuable role to play. Not everyone is designed to lead from the front, but helping someone hold and follow a hymn sheet is of equal value in the work our team do. As more homes request visits, we are always looking for more volunteers to fill each vital role in running our Christian services.

Recently, our team are being asked more and more to provide befriending visits to individuals for a wide variety of reasons. They may be bedbound, depressed, isolated, having difficulty settling in, or just in need of that listening ear. God is blessing this work and our team is beginning to grow with befriending volunteers. However, with the expanding need to provide friendship we hope to continue to expand our team to befriend. Bev, our Rest Homes Team Leader recently asked one of our befriending volunteers what she gained from her experience:

*I feel truly blessed when I spend time one-to-one with my lovely lady. I now know her much better and to my surprise we have fun and laugh quite a lot together. It has made me realise how important it is to just spend time with someone, not necessarily doing anything in particular, but just being together.*

Sometimes we fear that visiting may be an arduous task, however, so often it brings mutual blessings. If God is asking you to consider this team, please contact [office@bhcm.org.uk](mailto:office@bhcm.org.uk).



Being a volunteer in our Brighton Food Bank is very rewarding, as you have a direct positive impact on the lives of our clients. Through team work you can show compassion, love, and care for each person. This can be through one to one meetings with each client, listening to them, talking with them, offering prayer, and signposting them to appropriate support services; then taking them into our food bank shop and helping them choose what they want, finding out what they like eating, and even sharing recipe ideas. Our food bank volunteers normally dedicate a day a week of their time.

Being a helper in our Brighton Food Bank involves making our clients a drink when they arrive or helping them with their bags as they leave, thanking people who donate items at the door, and sorting the items - checking they are in date and displaying them on the shelves. For those who want more physical activity, the helpers role can include bringing heavy loads from our front door, up the 32 step, and into our shop. Our food bank helpers normally dedicate two or more hours a week of their time.

Being a driver for our food bank involves picking up items on a weekly basis from various locations within Brighton and Hove and delivering them to the food bank. Our team agree a route and timetable to suit our drivers.

At our Open Day you can come and see the food shop and all the areas you could be working in as a volunteer or helper. There will also be opportunity to talk to current volunteers and helpers to see why they love doing what they do. Please come to share your ideas with the team, we are always looking for new ways that we can make a real difference to our clients.

**Please see the next page for all that we require at Harvest this year...**

# HARVEST NEEDS LIST

## ESSENTIAL

### TINNED MEAT

CURRY, CORNED BEEF, PIES, SPAM, HOT DOGS, MINCE, MEATBALLS

### TINNED FISH

TUNA, SARDINES, SALMON, MACKEREL

## DESIRABLE

### TINNED VEGETABLES

### TINNED FRUIT

### INSTANT COFFEE

### TEA

### HOT CHOCOLATE

### RICE

### NOODLES

### COUSCOUS

### DESSERTS

### JAMS & SPREADS

### BISCUITS

### PASTA SAUCES

### CEREALS

### TOILETRIES

SHAMPOO, SHOWER GEL, SHAVING FOAM, RAZORS, TOILET ROLLS



YOU CAN PLACE AN ONLINE ORDER WITH A SUPERMARKET, AND ASK THEM TO DELIVER IT TO:  
BRIGHTON FOOD BANK, CALVARY CHURCH BUILDING, STANLEY ROAD, BRIGHTON, BN1 4NJ  
WE CAN ACCEPT DELIVERIES 9AM - 5PM ON MONDAY, TUESDAY, THURSDAY, AND FRIDAY.

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CALVARY CHURCH BUILDING, STANLEY ROAD, BRIGHTON, EAST SUSSEX, BN1 4NJ

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